



Tu B'Shvat

Also spelled Tu Bishvat or Tu BiSh'vat

NEW YEAR FOR THE TREES

STARTS

SUNDOWN

Friday

1.22.27

14 of Shevat

ENDS

SUNDOWN

Saturday

1.23.27

15 of Shevat

What it IS...

Tu B'Shvat is the New Year for the trees, which coincides with the flowering of almond trees in the land of Israel.

15

This holiday celebrates the beginning of spring and the end of heavy rainfalls. Tu represents the number 15 in Hebrew. Tu B'Shvat is the 15th of the Hebrew month of Shevat. Shevat is known as an ecological month where we should be aware of the nature surrounding us.

What to SAY...

ON TU B'SHVAT, ASK YOURSELF:

As an apple tree produces apples, what will I bring into the world that others can enjoy?

Am I receiving spiritual nourishment in my life?

Is my community nurturing me like fertile soil does for trees?

How can I best live a "fruitful" life?

What to Do...

HAVE A TU B'SHVAT SEDER

Developed by the great Kabbalist Arizal, this meal of 10 fruits and 4 cups of wine is structured like a Passover Seder. It includes a text that explores "fruits" as a metaphor for spiritual perfection.

PLANT A TREE

Bring a potted tree inside your house for some extra greenery or spruce up your outdoor space with a new tree in honor of the new year.

HANG OUT WITH TREES

Get to know the trees around your house and neighborhood. Identify what they are, take photos, and compare how the trees look in different seasons. Make sure they are receiving enough water, light, and nourishment.

What to DO AT THE JCC...

CHECK OUT THE JCC'S BIBLICAL GARDEN

Head to the Biblical Garden in front of the JCC to learn more about 7 types of Biblical trees we have on our site!

What to EAT...

THE SEVEN SPECIES OF ISRAEL:



THE BLESSING BEFORE EATING FRUIT:

*Baruch Atah Adonai Elohainu Melech Ha'Olam,
boray pri ha-aitz*

Blessed are you God, King of the Universe, Who creates the fruit of the tree