OSHER MARIN JCC
SWIM SCHOOL

Spring: April 11 to May 22, 2026

Online Registration: marinjcc.org/swim
REGISTRATION OPENS WEDNESDAY, MARCH 25

SwimHotline:415-444-8005 • swimlessons@marinjcc.org

FRIDAY FUNDAY AQUA BABIES

**Ages 6 months–3 years
Parent ChildClasses**

Parents and children explore the pool together, while they sing songs, engage in beginning swim activities and play with toys at a variety of play stations all under the guidance of a JCC trained swim instructor. Drop-in available.

Member $25 / Public $35

SPLASH!

**Water Play (ratio 8:1)
Ages 6 months–2 years
Parent Child Classes**

Parents and their babies are introduced to the water through songs and play, enhancing their mental and physical development. Designed to be a positive and safe water experience while practicing introductory water skills.

ADVANCED SPLASH!

Water Exploration (ratio 8:1) Ages 2–4 years

Parent Child Classes

Parents and their toddlers are introduced to basic swim skills in a slightly more structured program.

Skills: bubbles, floating both front and back, and kicking.

FIRST FINS

**Water Introduction (ratio 4:1)Ages3+
Prerequisite:
Child can participate unaccompanied by a parent.**

Introduces basic swim skills including bubbles, getting face wet, floating both front/back with assistance, and exploring arm and leg locomotion.

Goal: Torpedoes

LEVEL 1 PRIMARY SKILLS

**(ratio 4:1) Ages 3+
Prerequisite:
First Fins skills**

Breath control, begin to float unsupported on front/back and beginning locomotion with arm and leg combinations.

Goal: Freestyle 5 yards and back floats

LEVEL 2 STROKE READINESS

**(ratio 4:1) Ages 3+
Prerequisite:
Level 1 skills**

Improving coordination of leg and arm actions on front/back, introduction to freestyle and backstroke and learning unassisted floating and breath control.

Goal: Freestyle 10 yards with unassisted back float

LEVEL 3 STROKE DEVELOPMENT

(ratio 5:1) Ages 4+

Prerequisite: Level 2 skills and water independence

Coordination of freestyle and backstroke, elementary backstroke, introduction of butterfly kick, breaststroke, breaststroke kick, safety skills, treading water and water entries (jumping and diving).

Goal: Freestyle with 15 yards side breath

LEVEL 4 STROKE IMPROVEMENT

(ratio 6:1) Ages 5+

Prerequisite: Level 3 skills and swim 25 yards

Build endurance for freestyle, backstroke and elementary backstroke. Learn the fundamentals of breaststroke and intro to butterfly kick. Intro to diving.
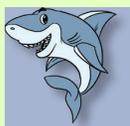
Goal: 25 yards freestyle, backstroke, elementary back stroke and breaststroke

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LEVEL 5 ORCAS!

**(ratio 6:1) Ages 5+
Prerequisite: Level 4**

Improve all strokes, learn butterfly and sidestroke. Learn all forms of diving, open turns and circle swim.
Goal: 50 yards freestyle, backstroke, and breaststroke. 25 yards sidestroke and butterfly.

ADULT LEARN TO SWIM

**Classes for Adults
(ratio 6:1) Ages 18+**
Class Focus:
Basic swim skills are introduced, developed and improved. Class will work on endurance and becoming comfortable in the shallow and deep water.

PRE SWIM TEAM

(ratio 6:1) Ages 5+

Prerequisite: Able to swim 25 yards freestyle, backstroke and breaststroke.

Goal: Fundamentals of swimming in a team environment including circle swim. Focus on competitive swimming while developing and refining open turns, dives and conditioning.

Swim Lesson Policies
We do not offer refunds or credits for missed classes nor do we prorate early withdrawals.
Instructors schedules are subject to change.
We encourage you to enroll early due to limited space in classes.

Registrants may only attend the class session for which they are registered.
Credit issued for canceled group lessons, no refunds.

To schedule private lessons: call the swim hotline at 415-444-8005 or email swimlessons@marinjcc.org

Private lessons policy: 48 hour cancelation policy. No refunds.
Unused lessons expire one year from purchase date.
On occasion, instructor substitutions are necessary.

Osher Marin JCC
200N.SanPedro Rd, San Rafael CA
415.444.8000 | www.marinjcc.org

Group Swim Lesson Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10–10:30am SPLASH! (Ages 6 months-2) ***Drop in Available $25 M/$35 P**	**10–10:30am** First Fins (Ages 3+)	**10–10:30am** First Fins (Ages 3+)	**10–10:30am** First Fins (Ages 3+)	**10–10:40am** Aqua Babies (Ages 6 months-3) ***Drop in Available $25 M/$35 P**	**9–9:30am** SPLASH! (Ages 6 months-2)	**9–9:30am** SPLASH! (Ages 6 months-2)
					9:35–10:05am Advanced SPLASH! (Ages 2-4)	**9:35–10:05am** Advanced SPLASH! (Ages 2-4)
10:30–11am First Fins (Ages 3+)	**10:30–11am** Level 1 (Ages 3+)	**10:30–11am** Level 1 (Ages 3+)	**10:30–11am** Advanced SPLASH! (Ages 2-4)	**10:45–11:15am** Advanced SPLASH! (Ages 2-4)	**10:10–10:40am** SPLASH! (Ages 6 months-2)	**10:10–10:40am** SPLASH! (Ages 6 months-2)
11–11:30am Advanced SPLASH! (Ages 2-4)	**3:30–4pm** First Fins (Ages 3+)	**11–11:30am** SPLASH! (Ages 6 months-2)	**11–11:30am** Level 1 (Ages 3+)	**11:20–11:50am** First Fins (Ages 3+)	**10:10–10:40am** First Fins (Ages 3+)	**10:10–10:40am** First Fins (Ages 3+)
11:30am–Noon Level 1 (Ages 3+)	**4:05–4:35pm** Level 1 (Ages 3+)	**3–3:30pm** Level 1 (Ages 3+)	**3:30–4pm** First Fins (Ages 3+)	**3:30–4pm** First Fins (Ages 3+)	**10:45–11:15am** Advanced SPLASH! (Ages 2-4)	**10:45–11:15am** Advanced SPLASH! (Ages 2-4)
3:30–4pm Level 1 (Ages 3+)	**4:40–5:15pm** Level 5 (Ages 5+)	**3:35–4:05pm** Level 2 (Ages 3+)	**4:05–4:35pm** Level 1 (Ages 3+)	**4:05–4:35pm** Level 1 (Ages 3+)	**10:45–11:15am** Level 1 (Ages 3+)	**10:45–11:15am** Level 1 (Ages 3+)
4:05–4:35pm Level 2 (Ages 4+)	**5:20–5:55pm** Pre-Swim Team (Ages 6+)	**4:10–4:40pm** Level 3 (Ages 4+)	**4:40–5:15pm** Level 5 (Ages 5+)	**4:40–5:10pm** Level 2 (Ages 4+)	**11:20–11:50am** First Fins (Ages 3+)	**11:20–11:50am** First Fins (Ages 3+)
4:40–5:10pm Level 3 (Ages 4+)		**4:45–5:20pm** Level 4 (Ages 5+)	**5:20–5:55pm** Pre-Swim Team (Ages 5+)	**5:15–5:45pm** Level 3 (Ages 4+)	**11:20–11:50am** Level 2 (Ages 4+)	**11:20–11:50am** Level 2 (Ages 4+)
5:15–5:50pm Level 4 (Ages 5+)		**5:25–6pm** Level 5 (Ages 5+)			**11:55am–12:25pm** Level 1 (Ages 3+)	**1:55am–12:25pm** Level 1 (Ages 3+)
		6:30–7:05pm Beginner Adult (Ages 18+)			**11:55am–12:25pm** Level 3 (Ages 5+)	**11:55am–12:25pm** Level 3 (Ages 5+)
		7:10–7:45pm Intermediate Adult (Ages 18+)			**12:30–1pm** Level 2 (Ages 4+)	**12:30–1pm** Level 2 (Ages 4+)
					12:30–1pm Level 4 (Ages 5+)	**12:30–1pm** Level 4 (Ages 5+)

Spring

Day	Dates	# Classes	Member Price	Public Price
Monday	**4/13/2026-5/18/2026**	**6 classes**	**$150**	**$210**
Tuesday	**4/14/2026-5/19/2026**	**6 classes**	**$150**	**$210**
Wednesday	**4/15/2026-5/20/2026**	**6 classes**	**$150**	**$210**
Thursday	**4/16/2026-5/21/2026**	**6 classes**	**$150**	**$210**
Friday	**4/17/2026-5/22/2026**	**6 classes**	**$150**	**$210**
Saturday	**4/11/2026-5/16/2026**	**6 classes**	**$180**	**$240**
Sunday	**4/12/2026-5/17/2026**	**6 classes**	**$180**	**$240**

Private Lessons

(1) 30-minute Private Lesson $65 members / $75 public	**(5) 30-minute Private Lessons** $293 members / $338 public	**(10) 30-minute Private Lessons** $520 members / $600 public
(5) 30-minute Semi-Private Lessons —2 per group Per student: $158 members / $203 public	**(5) 30-minute Private Group Lessons — 3-4 per group** Per student: $135 members / $185 public	**(10) 30-minute semi-private lessons — 2 per group** Per student: $280 members / $360 public