



Year-round swim lessons in our 90° indoor pool for all ages.

# SUMMER 1: JUNE 2 to JULY 20, 2025

# SUMMER 2: JULY 21 to AUGUST 31, 2025

**Online Registration: [marinjcc.org/swim](https://marinjcc.org/swim)**

Registration opens Wednesday, May 14



## Friday Funday Aqua Babies

Ages 6 months–3 years  
Parent Child Classes

Parents and children explore the pool together, while they sing songs, engage in beginning swim activities and play with toys at a variety of play stations all under the guidance of a JCC trained swim instructor. Drop-in available. Member \$25 / Public \$35



## SPLASH!

Water Play (ratio 10:1)  
Ages 6 months–2 years  
Parent Child Classes

Parents and their babies are introduced to the water through songs and play, enhancing their mental and physical development. Designed to be a positive and safe water experience while practicing introductory water skills.



## Advanced SPLASH!

Water Exploration  
(ratio 10:1) Ages 2–4 years  
Parent Child Classes

Parents and their toddlers are introduced to basic swim skills in a slightly more structured program.

Skills: bubbles, floating both front and back, and kicking.



## FIRST FINS

Water Introduction  
(ratio 4:1) Ages 3+

Prerequisite:  
Child can participate  
unaccompanied by a parent.

Introduces basic swim skills including bubbles, getting face wet, floating both front/back with assistance, and exploring arm and leg locomotion.

Goal: Torpedoes



## LEVEL 1 PRIMARY SKILLS

(ratio 4:1) Ages 3+

Prerequisite:  
First Fins skills

Breath control, begin to float unsupported on front/back and beginning locomotion with arm and leg combinations.

Goal: Freestyle 5 yards  
and back floats



## LEVEL 2 STROKE READINESS

(ratio 4:1) Ages 3+

Prerequisite:  
Level 1 skills

Improving coordination of leg and arm actions on front/back, introduction to freestyle and backstroke and learning unassisted floating and breath control.

Goal: Freestyle 10 yards  
with unassisted back float



## LEVEL 3 STROKE DEVELOPMENT

(ratio 5:1) Ages 4+

Prerequisite: Level 2 skills and water independence

Coordination of freestyle and backstroke, elementary backstroke, introduction of butterfly kick, breaststroke, breaststroke kick, safety skills, treading water and water entries (jumping and diving).

Goal: Freestyle with 15 yards side breath



## LEVEL 4 STROKE IMPROVEMENT

(ratio 6:1) Ages 5+

Prerequisite: Level 3 skills and swim 25 yards

Build endurance for freestyle, backstroke and elementary backstroke. Learn the fundamentals of breaststroke and intro to butterfly kick. Intro to diving.

Goal: 25 yards freestyle, backstroke,  
elementary back stroke and breaststroke



## LEVEL 5 ORCAS!

(ratio 6:1) Ages 5+

Prerequisite: Level 4

Improve all strokes, learn butterfly and sidestroke. Learn all forms of diving, open turns and circle swim.  
Goal: 50 yards freestyle, backstroke, and breaststroke.  
25 yards sidestroke and butterfly.



## PRE-SWIM TEAM

(ratio 6:1) Ages 5+

Prerequisite: Able to swim 25 yards

freestyle, backstroke and breaststroke.

Goal: Fundamentals of swimming in a team environment including circle swim. Focus on competitive swimming while developing and refining open turns, dives and conditioning.

## ADULT LEARN TO SWIM

(ratio 6:1) Classes for Adults Ages 18+

Class Focus:

Basic swim skills are introduced, developed and improved. Class will work on endurance and becoming comfortable in the shallow and deep water.

## Swim Lesson Policies

We do not offer refunds or credits for missed classes nor do we prorate early withdrawals.

Instructors schedules are subject to change.

We encourage you to enroll early due to limited space in classes.

Registrants may only attend the class session for which they are registered.

Credit issued for canceled group lessons, no refunds.

To schedule private lessons: call the swim hotline at  
415-444-8005 or email [swimlessons@marinjcc.org](mailto:swimlessons@marinjcc.org)

Private swim lessons policy: 48 hour cancellation policy. No refunds.

Unused private lesson credits expire one year from purchase date. On occasion, instructor substitutions are necessary.



**Osher Marin JCC**

200 N. San Pedro Rd, San Rafael CA  
415.444.8000 | [www.marinjcc.org](http://www.marinjcc.org)

Swim Hotline: 415-444-8005 • [swimlessons@marinjcc.org](mailto:swimlessons@marinjcc.org)

Group Swim Lesson Schedule

ODP = Outdoor Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>10–10:30am</b> SPLASH! (Ages 6 months-2yr)	<b>10–10:30am</b> First Fins (Ages 3+)	<b>10–10:30am</b> First Fins (Ages 3+)	<b>10–10:30am</b> First Fins (Ages 3+)	<b>10–10:40am</b> AquaBabies (Ages 6 months-3yr) *Drop in Available \$25 M / \$35 P	<b>9–9:30am</b> SPLASH! (Ages 6 months-2yr) <b>9:35–10:05am</b> Advanced SPLASH! (Ages 2-4yr)	<b>9–9:30am</b> SPLASH! (Ages 6 months-2yr) <b>9:35–10:05am</b> Advanced SPLASH! (Ages 2-4yr)
<b>10:30–11am</b> First Fins (Ages 3+)	<b>10:30–11am</b> Level 1 (Ages 3+)	<b>10:30–11am</b> Level 1 (Ages 3+)	<b>10:30–11am</b> Advanced SPLASH! (Ages 2-4)	<b>10:45–11:15am</b> Advanced SPLASH! (Ages 2-4yr)	<b>10:10-10:40am</b> SPLASH! (Ages 6 months-2yr)	<b>10:10-10:40am</b> SPLASH! (Ages 6 months-2yr)
<b>11-11:30am</b> Level 1 (Ages 3+)	<b>3:30-4:05pm</b> Level 4 (Ages 5+) <b>ODP</b>	<b>11-11:30am</b> SPLASH! (Ages 6 months-2yr)	<b>11-11:30am</b> Level 1 (Ages 3+)	<b>11:20–11:50am</b> First Fins (Ages 3+)	<b>10:10-10:40am</b> First Fins (Ages 3+)	<b>10:10-10:40am</b> First Fins (Ages 3+)
<b>11:30am-12pm</b> Advanced SPLASH! (Ages 2-4yr)	<b>4:10-4:45pm</b> Level 5 (Ages 5+) <b>ODP</b>	<b>11:30-12pm</b> Level 2 (Ages 3+)	<b>3:30-4:05pm</b> Level 4 (Ages 5+) <b>ODP</b>		<b>10:45-11:15am</b> Advanced SPLASH! (Ages 2-4yr)	<b>10:45-11:15am</b> Advanced SPLASH! (Ages 2-4yr)
	<b>4:50-5:25pm</b> Pre-Swim Team (Ages 5+) <b>ODP</b>	<b>6:30-7:05pm</b> Beginner Adult (Ages 18+)	<b>4:10-4:45pm</b> Level 5 (Ages 5+) <b>ODP</b>		<b>11:20-11:50am</b> First Fins (Ages 3+)	<b>11:20-11:50am</b> First Fins (Ages 3+)
		<b>7:10-7:45pm</b> Beginner Adult (Ages 18+)	<b>4:50-5:25pm</b> Pre-Swim Team (Ages 5+) <b>ODP</b>		<b>11:20-11:50am</b> Level 2 (Ages 4+)	<b>11:20-11:50am</b> Level 2 (Ages 4+)
					<b>11:55-12:25pm</b> Level 1 (Ages 3+)	<b>11:55-12:25pm</b> Level 1 (Ages 3+)
<u>Summer Consecutive Swim Lesson Groups (Mon. - Thurs.)</u>					<b>11:55-12:25pm</b> Level 3 (Ages 4+)	<b>11:55-12:25pm</b> Level 3 (Ages 4+)
<b>3:30-4pm</b> First Fins (Ages 3+)	<b>3:30-4pm</b> First Fins (Ages 3+)	<b>3:30-4pm</b> First Fins (Ages 3+)	<b>3:30-4pm</b> First Fins (Ages 3+)		<b>12:30-1:00pm</b> Level 2 (Ages 4+)	<b>12:30-1:00pm</b> Level 2 (Ages 4+)
<b>4:05-4:35pm</b> Level 1 (Ages 3+)	<b>4:05-4:35pm</b> Level 1 (Ages 3+)	<b>4:05-4:35pm</b> Level 1 (Ages 3+)	<b>4:05-4:35pm</b> Level 1 (Ages 3+)		<b>12:30-1:00pm</b> Level 4 (Ages 5+)	<b>12:30-1:00pm</b> Level 4 (Ages 5+)
<b>4:40-5:10p</b> Level 2 (Ages 3+)	<b>4:40-5:10p</b> Level 2 (Ages 3+)	<b>4:40-5:10p</b> Level 2 (Ages 3+)	<b>4:40-5:10p</b> Level 2 (Ages 3+)		<b>1:00-1:30pm</b> First Fins (Ages 3+)	<b>1:00-1:30pm</b> First Fins (Ages 3+)
<b>5:15-5:45pm</b> Level 3 (Ages 4+)	<b>5:15-5:45pm</b> Level 3 (Ages 4+)	<b>5:15-5:45pm</b> Level 3 (Ages 4+)	<b>5:15-5:45pm</b> Level 3 (Ages 4+)		<b>1:30-2:00pm</b> Level 1 (Ages 3+)	<b>1:30-2:00pm</b> Level 1 (Ages 3+)

Members: \$100 / Public: \$140 Monday-Thursday: (week-long sessions)

June 2 - August 28 (no classes week of June 16)

First Fins: 3:30 - 4pm Level 1:    4:05 - 4:35pm    Level 2: 4:40 - 5:10pm    Level 3: 5:15 - 5:45pm

Summer 1

Day	Dates	# Classes	Member Price	Public Price
Monday	6/2/2025-7/14/2025	7 classes	\$175	\$245
Tuesday	6/3/2025-7/15/2025	7 classes	\$175	\$245
Wednesday	6/4/2025-7/16/2025	7 classes	\$175	\$245
Thursday	6/5/2025-7/17/2025	6 classes (no class 6/19)	\$150	\$210
Friday	6/6/2025-7/18/2025	6 classes (no class 7/4)	\$150	\$210
Saturday	6/7/2025-7/19/2025	7 classes	\$210	\$280
Sunday	6/8/2025-7/20/2025	7 classes	\$210	\$280

Summer 2

Day	Dates	# Classes	Member Price	Public Price
Monday	7/21/2025-8/25/2025	6 classes	\$150	\$210
Tuesday	7/22/2025-8/26/2025	6 classes	\$150	\$210
Wednesday	7/23/2025-8/27/2025	6 classes	\$150	\$210
Thursday	7/24/2025-8/28/2025	6 classes	\$150	\$210
Friday	7/25/2025-8/29/2025	6 classes	\$150	\$210
Saturday	7/26/2025-8/30/2025	6 classes	\$180	\$240
Sunday	7/27/2025-8/31/2025	6 classes	\$180	\$240

Private Swim Lesson Pricing

(1) 30-minute Private Lesson \$65 members / \$75 public	(5) 30-minute Private Lessons \$293 members / \$338 public	(10) 30-minute Private Lessons \$520 members / \$600 public
(5) 30-minute Semi-Private Lessons — 2 per group Per student: \$158 members / \$203 public	(10) 30-minute semi-private lessons — 2 per group Per student: \$280 members / \$360 public	(5) 30-minute Private Group Lessons — 3-4 per group Per student: \$150 members / \$200 public