	April Indoor Pool Schedule				
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am-8:00am	6:00am-8:45am	6:00am-7:15am	6:00am-8:45am	6:00am-7:30am	7:00am-9:00am
Adults Only (18+) (LL)	Open Swim (LL)	Adults Only (18+) (LL)	Open Swim (LL)	Adults Only (18+) (LL)	Open Swim (LL)
8:00am-8:45am	8:45am-9:45am	7:15am-8:15am	8:45am-9:45am	7:30am-8:30am	9:00am-2:00pm
Open Swim	Water Stretch Class	Aquasculpt Class (\$)	Water Stretch Class	Aquasculpt Class (\$)	Swim Lessons (\$)
8:45am-9:45am	10:00am-12:00pm	8:15am-8:45am	10:00am-12:00pm	8:30am-8:45am	2:00pm-7:00pm
Aquacise Class	Open During Lessons	Open Swim	Open During Lessons	Open Swim	Open Swim
10:00am-12:00pm	10:00am-12:00pm	8:45am-9:45am	10:00am-12:00pm	8:45am-9:45am	
Swim Lessons (\$)	Swim Lessons (\$)	Aquacise Class	Swim Lessons (\$)	Aquacise Class	
12:00pm-1:00pm	12:00pm-1:00pm	10:00am-12:00pm	12:00pm-1:00pm	10:00am-12:00pm	
Hydrotherapy Class (\$)	Hydrotherapy Class (\$)	Swim Lessons (\$)	Hydrotherapy Class (\$)	Swim Lessons (\$)	
1:00pm-2:00pm	1:00pm-2:00pm	12:00pm-1:00pm	1:00pm-2:00pm	12:00pm-1:00pm	
Adults Only (18+)	Adults Only (18+)	Hydrotherapy Class (\$)	Adults Only (18+)	Hydrotherapy Class (\$)	
2:00pm-3:00pm	2:00pm-3:00pm	1:00pm-2:00pm	2:00pm-3:00pm	1:00pm-2:00pm	
Open Swim	Arthritis Class (\$)	Adults Only (18+)	Arthritis Class (\$)	Adults Only (18+)	
3:00pm-6:00pm	3:00pm-6:00pm	2:00pm-3:00pm	3:00pm-6:00pm	2:00pm-3:00pm	
Swim Lessons (\$)	Swim Lessons (\$)	Parkinson's Class (\$)	Swim Lessons (\$)	Open Swim	
6:00pm-8:00pm	6:00pm-7:00pm	3:00pm-8:00pm	6:00pm-7:00pm	3:00pm-6:00pm	
Open Swim	Aquacise Class	Swim Lessons (\$)	Aquacise Class	Swim Lessons (\$)	
	7:00pm-8:00pm Open Swim		7:00pm-8:00pm Open Swim	6:00pm-7:00pm Open Swim	
JCC Closes at 8:00pm	JCC Closes at 8:00pm	JCC Closes at 8:00pm	JCC Closes at 8:00pm	JCC Closes at 7:00pm	JCC Closes at 7:00pm
SCHEDULE LEGEND:	Adults Only	Swim Lessons	Aquatic Class	Hydrotherapy Class	Open Swim

Sunday

7:00am-9:00am Adults Only (18+) (LL)

9:00am-2:00pm Swim Lessons (\$)

2:00pm-7:00pm Open Swim

JCC Closes at 7:00pm Updated 03/21/2025