Indoor Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7:15am	6-8:45am	6-7:15am	6-8:45am	6-7:30am	7-9am	7-9am
Adults Only (18+) (LL)	Open Swim (LL)	Adults Only (18+) (LL)	Open Swim (LL)	Adults Only (18+) (LL)	Open Swim	Adults Only (18+)
7:15-8:45am	8:45-9:45am	7:15-8:15am	8:45-9:45am	7:30-8:30am	9am-2pm	9am-2pm
Adult Open Swim	Water Stretch	Aqua Sculpt (\$)	Water Stretch	Aqua Sculpt (\$)	Swim Lessons	Swim Lessons
8:45-9:45am	10am-Noon	8:15-8:45am	10am-Noon	8:45-9:45am	2-7pm	2-7pm
Aquacise	Limited Open Swim	Open Swim	Limited Open Swim	Aquacise	Open Swim	Open Swim
10am-Noon	10am-Noon	8:45-9:45am	10am-Noon	10-11am		
Limited Open Swim	Swim Lessons	Aquacise	Swim Lessons	Limited Open Swim		
10am-Noon	Noon-1pm	10am-Noon	Noon-1pm	10am-Noon		
Swim Lessons	Hydrotherapy (\$)	Limited Open Swim	Hydrotherapy (\$)	Swim Lessons		
Noon-1pm	1-2pm	10am-Noon	1-2pm	Noon-1pm		
Hydrotherapy (\$)	Adults Only (18+)	Swim Lessons	Adults Only (18+)	Hydrotherapy (\$)		
1-3pm	2-3PM	Noon-1pm	2-3pm	1-2pm		
Adults Only (18+)	Arthritis (\$)	Hydrotherapy (\$)	Arthritis (\$)	Adults Only (18+)		
3-6pm	3-6pm	1-2pm	3-6pm	2-7pm		
Swim Lessons	Swim Lessons	Adults Only (18+)	Swim Lessons	Limited Open Swim		
6-8pm	6-7pm	2-3pm	6-7pm	3-7pm		
Open Swim	Aquacise	AT Workshop 1st month (\$)	Aquacise	Swim Lessons		
	7-8pm	3-8pm	7-8pm			
	Open Swim	Swim Lessons	Open Swim			
Closes at 8pm	Closes at 8pm	Closes at 8pm	Closes at 8pm	Closes at 7pm	Closes at 7pm	Closes at 7pm
			Updated October 23, 2023			