Indoor Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7:15am	6-8:45am	6-7:15am	6-8:45am	6-7:30am	7-9am	7-9am
Adults Only (18+) (LL)	Open Swim (LL)	Adults Only (18+) (LL)	Open Swim (LL)	Adults Only (18+) (LL)	Open Swim	Adults Only (18+)
7:15-8am Adult Swim Class (\$) & Adult Open Swim	8:45-9:45am Water Stretch	7:15-8:15am Aqua Sculpt (\$)	8:45-9:45am Water Stretch	7-8am Aqua Sculpt (\$)	9am-2pm Swim Lessons	9am-2pm Swim Lessons
8:05-8:50am	10am-Noon	8:15-8:45am	10am-Noon	8:05-8:50am	2-7pm	2-7pm
Aquacise	Open Swim	Open Swim	Open Swim	Aquacise	Open Swim	Open Swim
9am-Noon	10am-Noon	8:45-9:45am	10am-Noon	9-10am		
Open Swim	Swim Lessons	Aquacise	Swim Lessons	Open Swim		
10am-Noon	Noon-1pm	10am-Noon	Noon-1pm	10am-Noon		
Swim Lessons	Hydrotherapy (\$)	Open Swim	Hydrotherapy (\$)	Swim Lessons		
Noon-1pm	1-2pm	10am-Noon	1-2pm	Noon-1pm		
Hydrotherapy (\$)	Adults Only (18+)	Swim Lessons	Adults Only (18+)	Hydrotherapy (\$)		
1-3pm	2-3PM	Noon-1pm	2-3pm	1-2pm		
Adults Only (18+)	Arthritis (\$)	Hydrotherapy (\$)	Arthritis (\$)	Adults Only (18+)		
3-6:45pm	3-6pm	1-2pm	3-6pm	3-6pm		
Swim Lessons	Swim Lessons	Adults Only (18+)	Swim Lessons	Swim Lessons		
6:45-8pm	7-8pm	2-3pm	6-8pm	6-7pm		
Open Swim	Open Swim	AT Workshop 1st month (\$)	Open Swim	Open Swim		
		3-8pm Swim Lessons				
Closes at 8pm	Closes at 8pm	Closes at 8pm	Closes at 8pm	Closes at 7pm	Closes at 7pm	Closes at 7pm

Updated September 20, 2023