## Indoor Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7:15am	6-8:45am	6-7:15am	6-8:45am	6-7:30am	7-9am	7-9am
Adults Only (18+) (LL)	Open Swim (LL)	Adults Only (18+) (LL)	Open Swim (LL)	Adults Only (18+) (LL)	Open Swim	Adults Only (18+)
7:15-8am	8:45-9:45am	7:15-8:15am	8:45-9:45am	7-8am	9am-2pm	9am-2pm
Adult Swim Class (\$) & Adult	Water Stretch	Aqua Sculpt (\$)	Water Stretch	Aqua Sculpt (\$)	Swim Lessons	Swim Lessons
Open Swim	Water Stretch	Aqua Sculpt (\$)	Water Stretch	Aqua Sculpt (4)	JWIIII LESSUIIS	JWIIII LESSOIIS
8:05-8:50am	10am-Noon	8:15-8:45am	10-10:30am & 11-11:30am	8:05-8:50am	2-7pm	2-7pm
Aquacise	Open Swim	Open Swim	Camp	Aquacise	Open Swim	Open Swim
9am-Noon	10am-Noon	8:45-9:45am	10am-Noon	9-10am		
Open Swim	Swim Lessons & Camp	Aquacise	Swim Lessons	Open Swim		
10am-Noon	Noon-1pm	10-11am	Noon-1pm	10am-Noon		
Swim Lessons	Hydrotherapy (\$)	Camp	Hydrotherapy (\$)	Swim Lessons		
10:30-11am & 11:30am-12pm	1-2pm	10am-Noon	1-2pm	11:15am-12pm		
Camp	Adults Only (18+)	Open Swim	Adults Only (18+)	Camp		
Noon-1pm	2-3PM	10am-Noon	2-3pm	Noon-1pm		
Hydrotherapy (\$)	Arthritis (\$)	Swim Lessons	Arthritis (\$)	Hydrotherapy (\$)		
1-3pm	3-6pm	Noon-1pm	3-6pm	1-2pm		
Adults Only (18+)	Swim Lessons	Hydrotherapy (\$)	Swim Lessons	Adults Only (18+)		
3-6:45pm	7-8pm	1-2pm	6-8pm	3-6pm		
Swim Lessons	Open Swim	Adults Only (18+)	Open Swim	Swim Lessons		
6:45-8pm		2-3pm		6-7pm		
Open Swim		Parkinson's Class (\$)		Open Swim		
		3-8pm				
		Swim Lessons				
Closes at 8pm	Closes at 8pm	Closes at 8pm	Closes at 8pm	Closes at 7pm	Closes at 7pm	Closes at 7pm

**Updated September 6, 2023**