

Combining Forces

CATHERINE ABBY RICH

Herbalist, Medicine Maker, & Herbal Educator

Catherine Abby Rich has been an herbalist and herbal educator for over 50 years. She trained as a folk medicine maker in the Bavarian Alps, Mexico, the US and India, where she apprenticed with the well-know Ayurvedic physician, Dr Vasant Lad. Abby was a founder of the Marin Farmer's Market and for 25 years was the resident herbalist. Her Combining Forces products are wild-foraged, homegrown, enhanced with flower essences she personally creates, and amplified with Quantum Biofeedback and AmpCoil natural technologies. In addition, teaching local plant medicine to all ages is one of her most cherished talents, her lifetime assignment, and delight.

Through the medium of Quantum Biofeedback and AmpCoil, Abby is able to utilize her knowledge of ancient and modern wisdom, combining herbal wisdom with the remarkable science of energy medicine



NATALIA BERTOTTI

Massage Therapist, Herbalist, Medicine Maker

Natalia Bertotti has experienced the wonder of the plant world since she was a child. Her mother a landscape designer and her father a landscape contractor provided the soil. Woven with a love of plants, Natalia's interest in the healing arts manifested in being a massage therapist. On her path she was guided to study Western Herbalism. She is combining her knowledge with her joy of creating into medicine making.

Natalia is now partnering with Catherine Abby Rich to carry on the next generation of her work.

