Indoor Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-8:45am Adults Only (18+) (LL)	6-8:45am Open Swim (LL)	6-7:15am Adults Only (18+) (LL)	6-8:45am Open Swim (LL)	6-7:30am Adults Only (18+) (LL)	7-9am Open Swim	7-9am Adults Only (18+)
7:15-8am Adult Swim Class	7:15-8am Adult Swim Class	7:15-8:15am Aqua Sculpt (\$)	7:15-8am Adult Swim Class	7:30-8:30am Aqua Sculpt (\$)	9am-2pm Swim Lessons	9am-2pm Swim Lessons
8:45-9:45am Aquacise	8:45-9:45am Water Stretch	8:15-8:45am Open Swim	8:45-9:45am Water Stretch	8:45-9:45am Aquacise	2-7pm Open Swim	2-7pm Open Swim
10am-Noon Open Swim	10am-Noon Open Swim	8:45-9:45am Aquacise	10am-Noon Swim Lessons	10am-Noon Swim Lessons		
10am-Noon Swim Lessons	10am-Noon Swim Lessons	10am-Noon Open Swim	Noon-1pm Hydrotherapy (\$)	Noon-1pm Hydrotherapy (\$)		
Noon-1pm Hydrotherapy (\$)	Noon-1pm Hydrotherapy (\$)	10am-Noon Swim Lessons	1-2pm Adults Only (18+)	1-3pm Adults Only (18+)		
1-3pm Adults Only (18+)	1-2pm Adults Only (18+)	Noon-1pm Hydrotherapy (\$)	2-3pm Arthritis (\$)	3-6pm Swim Lessons		
3-6:45pm Swim Lessons	2-3PM Arthritis (\$)	1-2pm Adults Only (18+)	3-6pm Swim Lessons	4-7pm Open Swim		
6-8pm Open Swim	3-6pm Swim Lessons	2-3pm AT Class 1st of month (\$)	6-7pm Aquacise			
	6-7pm Aquacise	3-8pm Swim Lessons	7-8pm Open Swim			
	7-8pm Open Swim	6-8pm Open Swim				
Closes at 8pm	Closes at 8pm	Closes at 8pm	Closes at 8pm	Closes at 7pm	Closes at 7pm	Closes at 7pm

Updated February 5, 2023