

Indoor Pool Schedule

Monday

6-8:45am
Adults Only (18+) (LL)
7:15-8am
Adult Swim Class
8:45-9:45am
Aquacise
10am-Noon
Open Swim
10am-Noon
Swim Lessons
Noon-1pm
Hydrotherapy (\$)
1-3pm
Adults Only (18+)
3-6:45pm
Swim Lessons
6-8pm
Open Swim

Closes at 8pm

Tuesday

6-8:45am
Open Swim (LL)
7:15-8am
Adult Swim Class
8:45-9:45am
Water Stretch
10am-Noon
Open Swim
10am-Noon
Swim Lessons
Noon-1pm
Hydrotherapy (\$)
1-2pm
Adults Only (18+)
2-3PM
Arthritis (\$)
3-6pm
Swim Lessons
6-7pm
Aquacise
7-8pm
Open Swim

Closes at 8pm

Wednesday

6-7:15am
Adults Only (18+) (LL)
7:15-8:15am
Aqua Sculpt (\$)
8:15-8:45am
Open Swim
8:45-9:45am
Aquacise
10am-Noon
Open Swim
10am-Noon
Swim Lessons
Noon-1pm
Hydrotherapy (\$)
1-3pm
Adults Only (18+)
3-8pm
Swim Lessons
6-8pm
Open Swim

Closes at 8pm

Thursday

6-8:45am
Open Swim (LL)
7:15-8am
Adult Swim Class
8:45-9:45am
Water Stretch
10am-Noon
Swim Lessons
Noon-1pm
Hydrotherapy (\$)
1-2pm
Adults Only (18+)
2-3pm
Arthritis (\$)
3-6pm
Swim Lessons
6-7pm
Aquacise
7-8pm
Open Swim

Closes at 8pm

Friday

6-7:30am
Adults Only (18+) (LL)
7:30-8:30am
Aqua Sculpt (\$)
8:45-9:45am
Aquacise
10am-Noon
Swim Lessons
Noon-1pm
Hydrotherapy (\$)
1-3pm
Adults Only (18+)
3-6pm
Swim Lessons
4-7pm
Open Swim

Closes at 7pm

Saturday

7-9am
Open Swim
9am-2pm
Swim Lessons
2-7pm
Open Swim

Closes at 7pm

Sunday

7-9am
Adults Only (18+)
9am-2pm
Swim Lessons
2-7pm
Open Swim

Closes at 7pm