Marin JCC Aquatics Programs Policy, Waiver, and Information

The Aquatics staff of the Marin JCC welcomes you to our premier Aquatics programming. We offer yearround fun, progressive, skill-based swimming programs modeled after nationally recognized standards and taught by a team of experienced aquatics instructors. We are glad you have decided to discover why the Marin JCC is a fantastic place for children and adults to learn new water skill.

-For swim lesson, registration, questions, cancellations, and scheduling, please call/email **415-444-8005**, swimlessons@marinjcc.org.

-For Lifeguarding and other safety, registration, questions, cancellations, and scheduling, please call/email **415-444-8033**, dnelson@marinjcc.org.

What to Except

- Allow yourself an **extra 20 minutes** prior to start of swim lesson to ensure adequate time for check-in, suiting up and showering before entering pool.
- Check in at the Front Desk on the first floor and the Health and Fitness desk on the third floor.
- Children under 4 may accompany a parent of the opposite sex into the main locker room, children over 4 years old should use the family changing room. Do not change children on the pool deck.
- Only enter the water when your instructor indicates class is ready to start.
- During the lesson, parents may wait in the chairs or benches on the right side of the pool.
- Children who aren't toilet trained <u>MUST wear a disposable swim</u> <u>diaper along with a reusable plastic swim/diaper pant</u>. You can purchase both at the Health and Fitness desk.
- For non-members, only one parent/guardian is allowed to swim with student before or after a lesson. All other guests may purchase a day pass at the front desk.
- Because of the complexity of swim lessons and different parents, grandparents, and caregivers entering the facility each time, we are requiring all swim lesson parents to show proof of vaccination each and every time you enter the facility.
- Anyone under the age of 12 will be required to wear masks at all times in the facility except when swimming or changing/showering.

Private Swim Lesson Policies

- 48-hour notification is required to reschedule. No refunds.
- Unused lessons expire one year from date of purchase.
- Parents must stay in the pool area for children under the age of 6.
- We do not offer refunds or credits for missed classes.
- Instructor schedules are subject to change at any time.

Group Aquatics Program Policies

- We do not offer refunds or credits for missed classes nor do we prorate early withdrawals.
- A 2-week notification is required to cancel a session and reschedule to a future session. No refunds.
- Registrants may attend only the class session for which they are registered.
- We reserve the right to cancel a class with insufficient enrollment. A full refund will be made.
- Enroll early as space is limited and group swim sessions fill quickly.
- Parents must stay in the pool area for children under the age of 6.
- We do not offer refunds or credits for missed classes.
- Instructor schedules are subject to change at any time.

Indoor and Outdoor Pool Rules

- Lifeguards have complete and final authority on usage and rule enforcement.
- Swimsuits are required when using our pools, hot tub, steam room and sauna. -Please shower prior to entering these areas. If you have long hair, please pull it back or wear a swim cap.
- Exercise equipment, including barbells, weights, and belts, is available for adult use only. Children are encouraged to use our Coast Guard Approved life vests.
- Children may use kickboards and noodles at the discretion of the lifeguard. Inflatables no greater than 48" across may be used in the family swim lane of the outdoor pool only.
- No glass on pool decks. Food only allowed on lawn areas.
- All young children who are not toilet trained MUST wear swim diapers AND plastic swim pants while using our pools. Failure to adhere to this policy may result in pool closure. For your convenience, you may purchase swim pants and diapers at the H&F desk. Please do not change your child on the pool deck. Family changing rooms are provided. Diving is not permitted at any of our pools.

Kids Aquatic Policies

A supervising adult (18+) must remain with kids 9 & under in all Aquatics areas.

Indoor/Outdoor pools:

- 13+ may use the pools without an adult. Unless a lifeguard deems an unsafe swimmer at which point a swim test will be administered.
- 10-12 may use the pools on their own if they pass our swim test. Adult must remain in the facility.
- 5-9 may use the pools on their own if they pass our swim test. Adult must remain in view.
- 0-4 must have an adult in the water and nearby while in the pools regardless of swimming ability.
- Any child 5-12 who has not passed our swim test must have a supervising adult (18+) in the water and nearby at all times.

HOT TUB

- 0-3 may not use the hot tub, including sitting on the edge.
- 4-9 may use the hot tub on their own. Adult must remain in view.

- • 10-12 may use hot tub on their own. Adult must remain in the facility.
- • 13+ may use the hot tub without an adult.

Waiver of Claims; Arbitration

Section 1. Waiver of Liability and Assumption of Risk

Participant understands that activities in the Osher Marin JCC can lead to serious physical injuries. Participant acknowledges and agrees that they are solely responsible for their safe and responsible use of the Osher Marin JCC Facilities, whether or not supervised by an Osher Marin JCC representative. Participant hereby expressly assumes the risk that they may suffer injury as a result of their use of Osher Marin JCC Facilities or equipment or participation in Osher Marin JCC activities. Participant agrees for themself and on behalf of their heirs, representatives, successors and assigns ("participant parties") that the Osher Marin JCC, including its owners, partners, members, directors, officers, employees and agents ("Osher Marin JCC parties") will not be liable for any damages or injuries participant parties may suffer in or about the Osher Marin JCC. Participant agrees on their behalf that none of them will make any claim against, sue or attach the property of any Osher Marin JCC party or affiliate thereof. Participant also agrees that Osher Marin JCC will not be liable for any loss, theft or damage to Participant's personal property in or about the Osher Marin JCC facilities.

Section 2. Arbitration

Participant agrees to resolve any and all claims, disputes or controversies arising out of or relating to usage of the Osher Marin JCC exclusively by final and binding arbitration using the American Arbitration Association's (AAA) Commercial Arbitration Rules. This includes, but inot limited to, claims related to fee disputes, personal injury and any other claim which may be asserted under the law of contract and/or lawof tort and/or asserting a public policy or Constitutional claim. The laws of the state of California shall govern the dispute, and arbitration shall be conducted in San Rafael, California.

Rules and Regulations

Section 1. Attire

Proper attire is required for participants using the facilities. Shirts and shoes are required in all public and recreational areas. Proper swimwear is required in the pool areas. The Osher Marin JCC may prohibit the use of any personal equipment on the premises.

Section 2. Indemnification

Participant shall indemnify and hold harmless the Osher Marin JCC, and each of their agents, officers, directors, attorneys, and employees from any claim, action or proceeding (collectively referred to as "proceeding") brought in any jurisdiction against any of the foregoing persons resulting from any action, whether by negligence or otherwise, of Participant, or participant parties at the Osher Marin JCC facilities. This indemnification shall include, but not be limited to, any damages, fees and/or costs awarded against the Osher Marin JCC and their parties, orany of the foregoing categories of persons,

and costs of suit, attorney's fees, and any other costs, liabilities and expenses incurred in connection with such proceeding whether incurred by the participant, the Osher Marin JCC and/or any other person defending such proceeding. Participant shall further indemnify the Osher Marin JCC and their parties for all costs, fees and damages which the Osher Marin JCC and their parties may incur in enforcing this indemnification provision. Modifications or additions to the pre-printed terms of this Agreement, other than the completion of existing blanks, are unauthorized and will not be honored by the Osher Marin JCC.