



Tu B'Shevat

NEW YEAR FOR THE TREES

STARTS

SUNDOWN
1.27.21

14 Shevat

ENDS

SUNDOWN
1.28.21

15 Shevat

What it IS...

TU is the number 15. Tu B'shevat means the 15th of the Hebrew month of Shevat, the **"new year"** for trees.
(Talmud – Rosh Hashanah 2a)

15

What to SAY...



ON TU B'SHEVAT, ASK YOURSELF:

As an apple tree produces apples,
what will I bring into the world that
others can enjoy?

Am I receiving spiritual nourishment in my life?

Am I connected to a warm and
nurturing community?

How can I best live a "fruitful" life?



What to DO...

HAVE A TU B'SHEVAT SEDER

Developed by the great kabbalist Arizal, this meal of 10 fruits and 4 cups of wine is structured like a Passover Seder – with a text that explores "fruits" as a metaphor for spiritual perfection. In Israel, Tu B'Shevat is a day of environmental awareness. Trees are planted in celebration.

Get to know the trees around your house. Take photos and compare how the trees look in different seasons.



What to EAT...

THE SEVEN SPECIES OF ISRAEL:

wheat **barley** **olives**
dates **grapes** **figs**
pomegranates



THE BLESSING BEFORE EATING FRUIT:

"Baruch Atah Ado-nai Elohai-nu
Melech HaOlam, boray pri ha-aitz."

"Blessed are you God, King of
the Universe, Who creates
the fruit of the tree."