



FESTIVAL OF WEEKS

What it IS...

We celebrate the *giving of* the Torah on Mt. Sinai and the harvesting of the first fruits.

What to SAY...

Chag Sameach



Some observe Shavuot by staying up the entire night learning Torah. It's called Tikkun Leil Shavuot, which means "an act of self-perfection on the night of Shavuot."

on Shavuot morning, we read the biblical book of

Buth. Buth was a non-Jewish woman who converted to Judaism and became the ancestor of King David, who was born and died on Shavuot. Yizkor, the memorial prayer, is said on Shavuot morning.





MORE INFORMATION AND PLANS TO COME

What to SUGAR EAT The tradition is to SALT eat dairy foods on Shavuot, notably cheese blintzes (thin crepe-like pancakes filled with cheese) and cheesecake.

promise that Israel is a land flowing with milk and honey. Plus, if you use your imagination, two blintzes look like two Torah tablets.

BLINTZ RECIPE

Zest of 1 and 1/2 lemons 1/2 cup or more sugar, to taste 1 lb curd cheese 1/2 lb cream cheese 2-3 tablespoons melted unsalted butter 3 egg yolks

We remember the

- 1/2 tablespoon oil plus more for greasing the pan
 - 1/2 teaspoon salt 1 egg ²/₃ cup water 1 cup flour 1¹/₄ cups milk

For Batter: Gradually add milk and water to flour, beat vigorously. Add egg, salt and oil; beat until smooth. Let batter rest 1-2 hours, then heat a lightly-greased frying pan. Pour 1/2 ladle of batter to thinly cover surface of pan. Flip when slightly browned and cook a moment longer, then continue with the rest of the batter.

> For Filling: Blend curd & cream cheeses with sugar, lemon zest, vanilla and egg yolks.

To Assemble & Bake: Put 2 heaping tablespoon of filling into pancakes, tuck in sides, then roll up. Sprinkle with butter, then bake in greased baking dish at 375 degrees for 20 minutes.

> To Serve: Sprinkle with confectioners' sugar, cinnamon and sour cream, if desired. Serve hot.