**Fridays Funday**

**Aqua Babies**
Ages 6 months-3 years
Parent Child Classes
Parents and children explore the pool together, while they sing songs, engage in beginning swim activities and play with toys at a variety of play stations all under the guidance of a JCC trained swim instructor. Drop-in available. 
Member $20 / Public $30

**Splash!**
Water Play (ratio 10:1)
Ages 6 months-2 years
Parent Child Classes
Parents and their babies are introduced to the water through songs and play, enhancing their mental and physical development. Designed to be a positive and safe water experience while practicing introductory water skills.

**Advanced Splash!**
Water Exploration (ratio 10:1) Ages 2-4 years
Parent Child Classes
Parents and their toddlers are introduced to basic swim skills in a slightly more structured program. Skills: bubbles, floating both front and back, and kicking.

**First Fins**
Water Introduction (ratio 4:1) Ages 3+
Prerequisite: Child can participate unaccompanied by a parent.
Introduces basic swim skills including bubbles, getting face wet, floating both front/back with assistance, and exploring arm and leg locomotion.
Goal: Torpedoes

**Level 1 Primary Skills**
(ratio 4:1) Ages 3+
Prerequisite: First Fins skills
Breath control, begin to float unsupported on front/back and beginning locomotion with arm and leg combinations.
Goal: Freestyle 5 yards and back floats

**Level 2 Stroke Readiness**
(ratio 4:1) Ages 3+
Prerequisite: Level 1 skills
Improving coordination of leg and arm actions on front/back, introduction to freestyle and backstroke and learning unassisted floating and breath control.
Goal: Freestyle 10 yards with unassisted back float

**Level 3 Stroke Development**
(ratio 5:1) Ages 4+
Prerequisite: Level 2 skills and water independence
Coordination of freestyle and backstroke, elementary backstroke, introduction of butterfly kick, breaststroke kick, safety skills, treading water and water entries (jumping and diving).
Goal: Freestyle with 15 yards side breath

**Level 4 Stroke Improvement**
(ratio 6:1) Ages 5+
Prerequisite: Level 3 skills and swim 25 yards
Build endurance for freestyle, backstroke and elementary backstroke. Learn the fundamentals of breaststroke and intro to butterfly kick. Intro to diving.
Goal: 25 yards freestyle, backstroke, elementary back stroke and breaststroke

**Level 5 Orca**
(ratio 6:1) Ages 5+
Prerequisite: Level 4
Improve all strokes, learn butterfly and sidestroke. Learn all forms of diving, open turns and circle swim.
Goal: 50 yards freestyle, backstroke, and breaststroke. 25 yards sidestroke and butterfly

**Adult Learn to Swim**
(ratio 6:1)
Classes for Adults Ages 18+
Class Focus:
Basic swim skills are introduced, developed and improved. Class will work on endurance and becoming comfortable in the shallow and deep water.

**Pre-Swim Team**
(ratio 6:1)
Ages 5+
Prerequisite: Able to swim 25 yards freestyle, backstroke and breaststroke.
Goal: Fundamentals of swimming in a team environment including circle swim. Focus on competitive swimming while developing and refining open turns, dives and conditioning.

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**Osher Marin JCC**
200 N. San Pedro Rd, San Rafael CA 415.444.8000 | www.marinjcc.org

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**Swim Lesson Policies**
We do not offer refunds or credits for missed classes nor do we prorate early withdrawals.
Instructors schedules are subject to change.
We encourage you to enroll early due to limited space in classes.
Registrants may only attend the class session for which they are registered.
Credit issued for canceled group lessons, no refunds.

To schedule private lessons: call the swim hotline at 415-444-8005 or email swimlessons@marinjcc.org

Private lessons policy: 48 hour cancelation policy. No refunds. Unused lessons expire one year from purchase date. On occasion, instructor substitutions are necessary.
<table>
<thead>
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<th>Dates</th>
<th># Classes</th>
<th>Member Price</th>
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**Summer 2**

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### Summer Consecutive Afternoon Swim Lessons

- **Members:** $69 / **Public:** $82
- **Monday-Thursday** (week-long sessions) **June 10-August 15** (no classes the week of July 1)

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### Private Lessons

- (5) **20-minute Private Lessons**
  - $140 members / $165 public
- (5) **30-minute Private Lessons**
  - $184 members / $210 public

- (1) **30-minute, Private Lesson**
  - $47 members / $54 public

- (10) **30-minute, Private Lessons**
  - $355 members / $405 public

- (5) **30-minute Semi-Private Lessons** — 2 per group
  - Per student: $122 members / $148 public

- (5) **30-minute Private Group Lessons** — 3-4 per group
  - Per student: $92 members / $111 public

*Prices Effective 6/1/19*