



WELCOMING FALL:
Sukkot
HOLIDAY
FESTIVAL

STARTS

SUNDOWN
10.13.19

14 of Tishrei

ENDS

SUNDOWN
10.20.19

21 of Tishrei

What it IS...

We celebrate by *sharing our joy and life* in general over the fall *harvest*.

A *7-day festival* of joyous celebration commemorating the *harvest* and the *temporary shelters* used by Israelites while wandering through the desert.

What to DO...

Build a *sukkah* – eat, sleep, and invite friends.

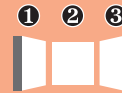
Sukkah kits are available online.

THE SUKKAH STRUCTURE:

Must be at least 27x27 square inches.



Must have three walls.



The roofing must be of detached vegetation and stars should be visible at night.



We decorate the Sukkah's interior with fruits & flowers.



What to SAY...

Chag Sameach!
HAPPY HOLIDAY!

What to EAT & WHERE

Traditionally, all meals are eaten in a temporary structure called the *sukkah*. Typical menus include *fresh fruits and vegetables*.

Where to GO...

You can find a sukkah in *backyards*, on *decks* and outside synagogues.

Bring your own food & eat in the Plaza J Courtyard Sukkah *at the JCC!*
Build your own sukkah in *your yard* or on *your deck*.

The *blessing* before eating: *Baruch Atah Adonai Eloheinu Melech Ha'olam, asher kidshanu b'mitzvotav v'tzivanu leishev b'sukkah.*

Shake the *lulav* and *etrog*!

Bringing the Four Species (shown below) together represents the need to unite our *feelings, actions, speech* and *outlook*.

HADAS – Myrtle Branch (eye shaped leaves) represents our *outlook*, inedible but smells good.

LULAV – Palm Branch (spine-like) signifies our *actions*, edible but no scent.



ETROG – Citron (heart shaped) stands for our *feelings*, great taste and fragrance.

ARAVA – Willow Branch (leaves like lips) expresses our *speech*, neither edible nor fragrant.



FAMILY CONNECTIONS
WELCOMING FALL: SUKKOT FESTIVAL
AT THE OMJCC PRESCHOOL SAN RAFAEL
Sun, Oct 6: 9:30-11:30am
FREE for families with children ages 0-3 & their siblings!
MARINJCC.ORG/FAMILYCONNECTIONS