Merrily we limp along!

Membership accounts have been frozen and furlough letters are going out to JCC employees today. So, yes, we're feeling a bit glum.

But we're also feeling deeply grateful to the 400 of you who have been able to help us. By "unfreezing" your account, you have helped us cover employees' medical benefits through June.

Please know your support is appreciated beyond measure! (Ignore the big thermometer.) Seriously, we thank you.

And for those of you who haven't or can't unfreeze your memberships, we don't mean to pressure you or add to this already stressful time. We completely understand. But...if you do have a change of mind or circumstances, please let us know with an email to:

membership@marinjcc.org

Tell us you'd like to unfreeze your membership, or dedicate a part of it, or perhaps you'd like to make a tax-deductible donation.

Meanwhile, we, the remaining itsy-bitsy staff will do our best to keep you amused, informed, and connected with the Osher Marin JCC community, because...

Though apart, we are still together.
   We insist.

Thursday, April 2, 2020. Issue #6
April in Paris

"Paris is always a good idea!"
—Audrey Hepburn in Sabrina

Following Sabrina's idea. Let me take you today to Paris, specifically to visit the magnificent collection at the Musée d'Orsay. Choose the theme(s) of most interest: Realism, Impressionism, Modern Art, France, Photographs, Plants and more.

Click on the image(s) to reveal interesting details about each work.

View Works at d'Orsay

Would you like more virtual art tours? To access Elite Traveler's 10 best, click below.

Virtual Tours

For Passover this year, which begins at sundown on Wednesday, April 8, I may be homebound, but I still want to eat well.

This year, more than any other, there's time and space in the kitchen to shake up the usual seder recipes a bit.

Alison Roman's collection of seder recipes fulfill all my requirements for a Passover menu this year. They are elevated takes on traditional favorites, simple to prepare, and they require VERY few ingredients. And they are healthy and seasonal.

Passover Menu

And for those who need a bit more of a "spirited" menu, Tablet's recipes for Passover-themed cocktails are fun, creative, and entertaining.

Passover Cocktails

Pictured is the Guggenheim, Bilbao
A Note from Maureen G:

"I want the JCC to continue to survive and thrive as much as is humanly possible during these difficult times. You were there for me when I needed nurturing back to health after a bad accident in January of 2003. It nearly took my life. It is my time to be in service to you."

The Staff of the JCC thank you for unfreezing your membership.

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Health & Fitness

**Heather Skoda**, JCC General Manager

**Sallumeh Mahmoudi**, one of our most popular personal trainers, has created a super fun, creative workout for you to do at home!

All you will need is a hardwood or tile floor and some paper plates. That's right. Two **paper plates**, a good sense of humor, and 30 minutes for a memorable full-body strength training class. Enjoy!

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Performing Arts

**Linda Bolt**, Director, Kanbar Center for Performing Arts

Here's a little musical sunshine to brighten your day. It's a video message from our friend Nat from one of our favorite bands: **Hot Buttered Rum**.

Glad we were able to get them rescheduled! Their concerts are always great fun and music.

Mark your calendars! Nat's got the new date.

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[Virtual Workout]

[Watch Nat's Video]
Jewish Engagement

As we simultaneously downshift into a new sheltered reality—perhaps feeling anxious about all the uncertainty—we also begin to think about Passover. It's a lot.

Perhaps the following presentations can lend some perspective or solace.

Our partner, the Shalom Hartman Institute, has been busy creating online content with deep thinkers in the Jewish world. Today, we share an interview with Dr. Yehuda Kurtzer, President of the Shalom Hartman Institute of North America. This discussion was conducted by Rabbi Dr. Shmuly Yanklowitz, President and Dean of Valley Beit Midrash on "Coronavirus and American Jewish Life."

Watch the Discussion

The Jewish Council for Public Affairs addresses: What do Jewish values instruct during a pandemic and amid the spread of the coronavirus? How should individual Jews act? How should we act collectively? What can Jews do to ensure other vulnerable groups feel safe?

View the Webinar

Fitness Comes from Within...the House!

We love seeing you stay healthy with our Virtual Health & Fitness classes:

- Live group Zoom classes
• Pre-recorded classes for personal training at your convenience.
• Weekly workshops are coming next!

We're posting to YouTube and to our own web page:

[www.marinjcc.org/virtualworkouts](http://www.marinjcc.org/virtualworkouts)

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### Early Childhood Education

**Tamar Lai**,
Director of Early Childhood Education

The kiddos will enjoy this link to one of our teachers reading *Brown Bear, Brown Bear, What Do You See?*

It's story time with JCC Preschool’s toddler teacher, **Virginia Murcia**.

[Story Time with Virginia](#)

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### Camp & Youth

**Brittany Mahalik**,  
Director of Camp & Youth Programs

Looking for a fun weekend project to do with the whole family? Well, look no further.

Gather up all of your **cardboard** and work together to create The. Coolest. Cardboard. House. EVER!!!

[Cardboard Creations](#)
Adult Learning & Living

Danielle Vierra,
Adult Learning and Living

Though we aren't joining the Fine Arts Museums of San Francisco in a docent talk today (in fact, the exhibit opening has been postponed), we can still investigate Frida Kahlo and her fascinating life!

Let's take a moment—with the help of our Virtual JCC—to take a tour of some web resources to learn about the always surprising Frida Kahlo.

And while we're learning about Frida, you might enjoy a recent New York Times review of Celia Stahr's new book, Frida in America.
A heartfelt thank-you to all who have been able to keep your membership accounts active during this shutdown.

membership@marinjcc.org
and tell us to unfreeze your account.

Stay well, Friends.
We miss you.
Expect Issue #7 on Tuesday, April 7th.