

SUKKOT

Jewish Year 5770 / Sundown Oct. 2-9



What is Sukkot?

In our backyards, on our porches, and outside our JCC, Jews mark the fall harvest by building sturdy—yet fragile—structures out of natural materials, symbolizing both human vulnerability and God’s protection. Reminiscent of camping in the temporary shelters Jews occupied during the exodus; building a sukkah of our own gives us a chance to be in nature (you must be able to see the stars through the roof), host guests (*haknusat orekhim*), and feel gratitude for the bounty of our lives (blessings said with the lulav and etrog).

סוכות

Please join us...

SUNDAY, OCTOBER 4 • FREE

9:30am–11:30am • families with kids 0-3

Family Connections Event

Learn about this harvest festival and find out why we eat in the sukkah. We will decorate the sukkah, read stories, share festive songs and share a snack together under its shelter! Please bring fresh fruits and vegetables to share with our senior neighbors at the Parnow house.



4pm–6pm • all ages

Sukkot Festivities Around the World with Rabbi Capers Funnye, Michelle Obama’s Cousin

Celebrate the global Jewish community in our Sukkah. Rabbi Funnye will deliver a talk for adults, while Sukkot activities are provided for children. Rabbi Funnye is the spiritual leader of Beth Shalom B’nai Zaken Ethiopian Hebrew congregation in Chicago and is the Associate Director of Be’chol Lashon.

Free – donations to CJL are welcome. RSVP to 444.8080
Co-sponsored by Congregation Rodef Shalom,
in association with Be’chol Lashon (In Every Tongue).

Harvest Salad

- ¼ cup bulgur wheat
- 2 cups baby spinach, packed
- 2 cups basil leaves, packed
- 1 medium cucumber, unpeeled and diced
- ½ cup copped pecans
- ½ cup dried cranberries

Dressing

- ¼ cup orange juice
- ¼ cup olive oil
- 2 tablespoons rice vinegar
- 1 tablespoon Dijon mustard
- ¼ teaspoon salt or to taste

Place bulgur wheat in a cup and pour enough hot water over to cover. Let stand 10-15 minutes. Drain well. Place the spinach and basil in the food processor and chop coarsely. Place into a medium bowl. Stir in the drained bulgur wheat, cucumber, pecans and cranberries.

Prepare the dressing: Place all the ingredients in a small bowl. Whisk to blend. Pour over the green herb mixture and mix. Serves 4 to 6.

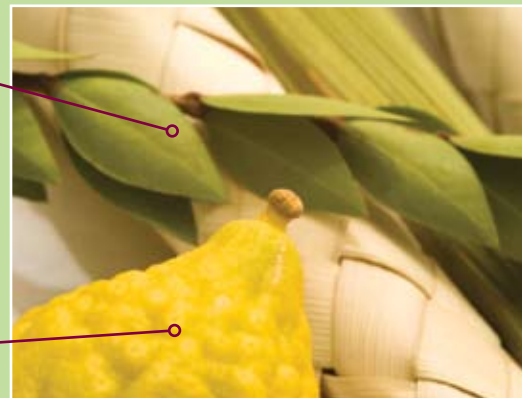
What are the TRADITIONS of Sukkot?

During this holiday, Jews are instructed to build a *sukkah*, a temporary structure in which to **eat their meals, entertain guests, relax, and even sleep.** Decorating your *sukkah* with strings of lights, hanging fruit and other ornaments is a joy. This is a fun time for children as it is reminiscent of building a fort or camping in the backyard. It is customary to invite friends and family into your *sukkah* to enjoy a meal together.

If you do not have a sukkah, we encourage you to purchase a kit (see other side) **and decorate with your family and friends.**

What is a lulav? A lulav is a palm branch together with a collection of myrtle and willow branches which one shakes in the sukkah.

What is an etrog? An etrog is a yellow citrus fruit similar in appearance to a lemon, identified as “the fruit of a goodly tree.” With lulav and etrog in hand, festival blessings are said in the sukkah.



BLESSINGS for Sukkot

Before waving the lulav and etrog, recite the following blessing:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר
קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל נְטִילַת לֻלָּב.

*Baruch Atah Adonai Eloheinu Melech Ha-olam,
asher kidshanu b'mitzvotav v'tzivanu al n'tilat lulav.*

Praised are You, Adonai our God, Ruler of the Universe,
Who has made us holy by Your commandments
and has instructed us to take hold of the lulav.

After the blessing:

Hold the lulav in your right hand and the etrog in your left with both hands together. Shake them in each direction three times; first in front of you to the east, then to your right (south), then over your shoulder (west) and to your feet (north). Shake it above you and finally down below you.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
שֶׁהַחַיִּים וְקִיּוּמָם וְהַחַיִּיעוּב לְיָמֵךְ הַזֶּה.

*Baruch Atah Adonai Eloheinu Melech Ha-olam,
she-hecheyanu v'kimanu v'higianu laz'man ha-zeh.*

Blessed are You, Adonai our God, Ruler of the Universe,
Who has granted us life, Who has sustained us,
and Who has enabled us to reach this festive occasion.

The first time each year you celebrate Sukkot, add the Shehecheyanu to celebrate arriving at a new season or occasion.

Before making kiddush or eating a meal in the sukkah, recite the following blessing:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לֵישֵׁב בַּסֻּכָּה.

*Baruch Atah Adonai Eloheinu Melech Ha-olam,
asher kidshanu b'mitzvo tav v'tzivanu leishev ba-sukkah.*

Praised are You, Adonai our God, Ruler of the Universe,
Who has made us holy by Your commandments and has
instructed us to dwell in the sukkah.